

**DR. SARAH MEYER**  
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## **EDUCATION**

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**PhD in International Health, Certificate in Public Mental Health Research** - Johns Hopkins Bloomberg School of Public Health - 2009-2014

**MPhil in Development Studies** - University of Oxford - 2004-2006, 2004 Rhodes Scholarship

**Bachelor of Arts** - Monash University, Melbourne Australia – 2000-2003

## **PROFESSIONAL EXPERIENCE**

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### **Academic appointments:**

**Ludwig-Maximilians-Universität (LMU) Munich**

*Senior Research Fellow, Violence against Women*

(Jan 2022 – ongoing)

**Mailman School of Public Health, Columbia University**

*Assistant Professor – Clinical Population and Family Health* (Jan 2015 – June 2023)

**Mailman School of Public Health, Columbia University**

*Post-doctoral fellow, 2014.*

Supported randomized controlled trials of girls' empowerment and mentorship programming in Ethiopia and Democratic Republic of Congo

### **Current positions:**

**World Health Organization, Department of Reproductive Health and Research**

*Research consultant – Violence against Women* (March 2017 – ongoing)

- Supporting work on violence against women with disabilities, including developing briefing note, measurement recommendations, and coordinating Expert Meeting (October 2022) and follow-up actions
- Supporting work on improving measurement of violence against women for Sustainable Development Goals, including convening of Inter-agency Working Group on Violence Against Women Data and Estimates and supporting processes resulting in 2021 publication of global, regional and national estimates of violence against women
- Co-investigator, implementation research on health sector response to violence against women in Maharashtra, India – drafted protocol, qualitative and quantitative tools, and data analysis plan, co-led research training, co-leading further grant applications
- Leading development and implementation of systematic reviews of qualitative literature on violence against older women and violence against women with disabilities
- Developed concept note for successful application to Research for Health in Humanitarian Crises funding

### **War Child – PlayMatters research program**

*Principal Investigator* (September 2021 – ongoing)

- Leading design of protocol and measurement instruments for formative research on child-caregiver interactions and MHPSS outcomes in refugee settings in Uganda

### **UNICEF – Gender Based Violence in Emergencies/ Nutrition sections**

*Lead Researcher* (June 2021 – ongoing)

- Leading team, including a senior academic and two PhD students, to plan and execute a rapid evidence assessment of gender-based violence and nutrition outcomes for children in humanitarian contexts
- Developing and implementing dissemination plan, including briefs and manuscripts
- Developing research agenda-setting methodology

### **Washington University in St Louis, Brown School**

*Research Consultant* (Oct 2020 – ongoing)

- Leading and collaborating on grant proposals and protocol development, focusing on girls' education, gender equity, violence against women and girls, and research capacity-building in East Africa

### **Previous positions:**

#### **MHPSS Collaborative (Save the Children, Denmark)**

*Lead Researcher* (Jan 2020 – April 2021)

- Study design for mixed-methods study of children's mental health and social-emotional learning in humanitarian contexts
- Lead protocol design and implementation of realist review on classroom-based mental health interventions

#### **The AfriChild Center, Kampala, Uganda**

*Research Director* (Jan 2015 – June 2016)

- Managed all on-going research, including Centers for Disease Control – Uganda Violence Against Children Study
- Led collaboration with UNICEF and other major child protection agencies to develop a national child-focused policy research agenda
- Established rigorous research program focused on child protection and child health

#### **United Nations High Commission for Refugees/ Columbia University**

*Co-Investigator* (July 2013 – December 2016)

- Co-investigator for 3-year research project to develop and pilot measurement tools to assess protective environment for children in refugee camps
- Oversaw training and data collection in Kiziba refugee camp in Rwanda
- Led dissemination activities, including community feedback activities, presentations to UNHCR staff and partners, and presentations at academic conferences

#### **UNICEF – Child Protection in Emergencies**

*Consultant* (April 2015 – August 2015)

- Co-led and co-authored review of evidence on risk and protective factors for mental health of children affected by armed conflict as support for "Symposium on Children's Mental Health and Well-being in Protracted Armed Conflicts, The Hague, May 2015.

## **Interagency Standing Committee Reference Group on Mental Health and Psychosocial Support**

*Consultant* (Jan 2014 – August 2014)

- Led internal evaluation and review of impact of Interagency Guidelines
- Drafted case studies of implementation of Guidelines in four settings

## **Johns Hopkins School of Public Health**

*Research Assistant*, Trafficking Assessment Project, Mae Sot, Thailand (Jan 2012 – March 2013)

- Managed qualitative fieldwork – designed interview guide, trained research assistants, oversaw data quality
- Managed quantitative fieldwork – designed quantitative survey, planned and oversaw survey of 600 migrant workers using respondent-driven sampling, conducted quantitative analyses

## **United Nations High Commission for Refugees**

*Consultant* (April 2012 – July 2013)

- Review of UNHCR's MHPSS programs, including extensive literature review, mapping of UNHCR MHPSS programs and analysis of policy documents
- Interviewed UNHCR Headquarters and field staff, academics and MHPSS staff from other international organizations and NGOs, and surveyed UNHCR field staff
- Published full report with findings and recommendations, and presented to key stakeholders at UNHCR Headquarters, Geneva

## **Johns Hopkins School of Public Health and International Rescue Committee**

*Research Assistant* - Care for Child Survivors Project, Mae Hong Son, Thailand (Feb 2011 – April 2012)

- Led qualitative fieldwork phase focusing on psychosocial well-being of Burmese children in refugee camps in Thailand
- Drafted report on qualitative findings for Gates Foundation
- Developed quantitative screening instrument, adapted and designed psychosocial scales to assess children's exposures, symptoms and well-being

## **PUBLICATIONS**

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### **Book chapter:**

1. **Sarah Meyer**, Cyril Bennouna, Lindsay Stark. "Health in refugee camps," *Handbook on Migration and Health*, Edward Elgar Publishing, December 2016.

### **Peer-reviewed journal articles:**

1. **Sarah Meyer**, Neema Mosha, Abigail M. Hatcher, Ramadhan Hashin, Philip Ayeiko, Saidi Kapiga, Gerry Mshana, Heidi Stöckl. "Food insecurity and intimate partner violence: evidence from a longitudinal study in Mwanza, Tanzania," online ahead of print, *American Journal of Preventative Medicine*, 2023.
2. **Sarah Meyer**, Najat Qushua, Alli Gillespie, Hannah Brumbaum, Ilana Seff, Lindsay Stark. "Service providers' perspectives on the impact of COVID-19 on quality and access to services for resettled refugees," *PLOS One*, 2023.

3. Luissa Vahedi, Manuela Orjuela Grimm, Silvia Carreno-Bhatt...**Sarah Meyer**. "Childhood and Adolescent Nutrition Outcomes among Girls Exposed to Gender Based Violence: A Rapid Evidence Assessment of Quantitative Research," *PLOS One*, 2023.
4. Sanjida Arora, Padma Deosthali, Sanjida Arora, Sangeeta Rege, Avni Amin, **Sarah Meyer**. "Health care providers' perceptions and experiences of training to respond to violence against women: results from a qualitative study," *International Journal of Environmental Research and Public Health*, 2023.
5. **Sarah Meyer**, Neema Mosha,....Heidi Stöckl. "Disability and intimate partner violence: a cross-sectional study from Mwanza, Tanzania," *Disability and Health*, 2022.
6. **Sarah Meyer**, Lindsay Stark. "Development of a measure of child protection system strength in refugee settings," *Child Abuse and Neglect*, Vol. 134, 2022.
7. Flora Cohen, **Sarah Meyer**, Ilana Seff, Cyril Bennouna, Carine Allaf, and Lindsay Stark. "Intersectionality: Experiences of Gender Socialization and Racialization for Iraqi Students Resettled in the United States," *Journal on Education in Emergencies*, Vol. 8, No. 2, June 2022.
8. Mathieu Maheu-Giroux, Lynnmarie Sardinha, Heidi Stöckl, **Sarah Meyer**....Claudia García-Moreno. "A framework to model global, regional, and national estimates of intimate partner violence," *BMC Research Methodology*, 22 (159), 2022.
9. Molly Lasater, Jennifer Flemming, Christine Bourey, Ashley Nemiro, **Sarah Meyer**. "School-based mental health and psychosocial support interventions for children in humanitarian settings: a realist review," *BMJ Open*, 2022.
10. **Sarah Meyer**, Heidi Stöckl, Cecilia Vorfeld, Kaloyan Kamenov, Claudia Garcia-Moreno. "Measurement of violence against women and disability: a scoping review," 17(1): e0263020, *PLOS One*, 2022.
11. LynnMarie Sardinha, Mathieu Maheu-Giroux, Heidi Stöckl, **Sarah Meyer**, Claudia García-Moreno, "Global, regional and national prevalence estimates of physical and/or sexual intimate partner violence against women," *The Lancet*, 399 (10327), 2022.
12. Srinivas Gaddappa, Priya Prabhu, Sonali Deshpande....**Sarah Meyer**, Claudia García-Moreno, Avni Amin. "Innovations in implementing a health systems response to violence against women in 3 tertiary hospitals of Maharashtra India: improving provider capacity and facility readiness," *Implementation Research and Practice*, 3, 2022.
13. Sanjida Arora, Sangeeta Rege.....Avni Amin, **Sarah Meyer**. "Knowledge, attitudes and practices of health care providers trained in responding to violence against women: a pre and post-intervention study," *BMC Public Health*, 21, 2021.

14. Michele Decker, **Sarah Meyer**, Casey Branchini, Nada Abshir, Aye Aye Mar, W. Courtland Robinson. "Trafficking, Client and Police Violence, Sexual Risk and Mental Health Among Women in the Sex Industry at the Thai-Myanmar Border, *Violence against Women*, 18(11), 2021.
15. Heidi Stöckl, Lynnmarie Sardinha, Mathieu Maheu-Giroux, **Sarah Meyer**, Claudia García-Moreno. "Physical, sexual and psychological intimate partner violence and non-partner sexual violence against women and girls: a systematic review protocol for producing global, regional and country estimates," *BMJ Open*, 2021.
16. **Sarah Meyer**, Molly Lasater, Lindsay Lee, Claudia García-Moreno. "Measurement of violence against women and disability: protocol for a scoping review," *BMJ Open*, 2020.
17. **Sarah Meyer**, Molly Lasater, Claudia Garcia-Moreno. "Violence against older women: A systematic review of qualitative literature," *PloS One*, 2020.
18. Amy Ritterbusch, Neil Boothby, Firminus Mugumya...**Sarah Meyer**. "Pushing the Limits of Child Participation in Research: Reflections from a Youth-Driven Participatory Action Research Initiative in Uganda," *International Journal of Qualitative Methods*, 2020.
19. **Sarah Meyer**, Sangeeta Rege...Claudia García-Moreno, Avni Amin. "Strengthening health systems response to violence against women: protocol to test approaches to train health workers in India," *BMC Pilots and Feasibility Studies*, Vol 6., 2020.
20. **Sarah Meyer**, Gary Yu, Eliana Rieders, Lindsay Stark. "Child labor, gender and mental health: results from a study of refugee adolescents in Uganda," *Journal of Adolescence*, Vol. 81, 2020.
21. **Sarah Meyer**, Molly Lasater, Claudia Garcia-Moreno. "Violence against older women: A protocol for a systematic review of qualitative literature," *BMJ Open*, Vol. 9, Issue 5, 2019.
22. **Sarah Meyer**, Elizabeth Meyer, Clare Ahabwe Bangirana, Patrick Onyango Mangen, Lindsay Stark. "Protection and well-being of adolescent refugees in the context of a humanitarian crisis: Perceptions from South Sudanese refugees in Uganda," *Social Science and Medicine*, 221, 2018.
23. **Sarah Meyer**, W. Courtland Robinson, Casey Branchini, Nada Abshir, Aye Aye Mar, Michele R. Decker. "Gender Differences in Violence and Other Human Rights Abuses Among Migrant Workers on the Thailand-Myanmar Border," *Violence Against Women*, Vol. 16, 2018.
24. **Sarah Meyer**, Gary Yu, Sabrina Hermosilla, Lindsay Stark. "School violence, perceptions of safety and school attendance: results from a cross-sectional study in Rwanda and Uganda," *Journal of Global Health Reports*, 2: e2018020, 2018.

25. **Sarah Meyer**, Molly Lasater, Wietse A. Tol. "Migration and mental health in low and middle-income settings: a systematic review," *Psychiatry*, Winter;80(4): 374-381, 2017.
26. **Sarah Meyer**, Mara Steinhaus, Clare Bangirana, Patrick Onyango Mangen, Lindsay Stark. "The influence of caregiver mental health on adolescent depression and anxiety: Findings from refugee settlements in Uganda," *BMC Psychiatry*, 19;17(1):405, 2017.
27. Laura Gauer Bermudez, Lauren Parks, **Sarah Meyer**, Liberata Muhorakeye, Lindsay Stark. "Safety, trust, and disclosure: A qualitative examination of violence against refugee adolescents in Kiziba Camp, Rwanda," *Social Science and Medicine*, 200:83-91, 2017.
28. **Sarah Meyer**, Gary Yu, Sabrina Hermosilla, Lindsay Stark. "Latent class analysis of violence against adolescents and psychosocial outcomes in refugee settings in Uganda and Rwanda," *Global Mental Health*, 4(e19), 2017.
29. Neil Boothby, Firminus Mugumya, Amy Ritterbusch, Joyce Wanican, Clare Ahabwe Bangirana, Adrienne Pizatella, Sophie Busi, **Sarah Meyer**. "Ugandan Households: A Study of Parenting Practices in Three Districts," *Child Abuse and Neglect*, 67: 157-173, 2017.
30. Lindsay Stark, Khudejha Asghar, **Sarah Meyer**...Kathryn Falb. "The effect of gender norms on the association between violence and low hope among girls in the Democratic Republic of Congo," *Global Mental Health*, 4(e1): 1-10, 2017.
31. **Sarah Meyer**, Michele Decker, Wietse Tol, Aye Aye Mar, W. Courtland Robinson, "Workplace and security stressors and mental health amongst migrant workers on the Thailand-Myanmar border," *Social Psychiatry and Psychiatric Epidemiology*, 51(5), 2016.
32. **Sarah Meyer** and MaryBeth Morand, "Mental health and psychosocial support in humanitarian settings: reflections on a review of UNHCR's approach and activities," *Intervention*, 2015.
33. **Sarah Meyer**, W. Courtland Robinson, Nada Abshir, Aye Aye Mar, Michele R. Decker. "Trafficking, exploitation and migration on the Thailand-Burma border: a qualitative study," *International Migration*, 53(4), 2015.
34. **Sarah Meyer**, "Displacement and Mental Health," invited commentary, *Therapy Today*, September 2014.
35. Katherine Footer, **Sarah Meyer**, Susan Sherman, Leonard Rubenstein. "On the frontline of eastern Burma's chronic conflict – listening to the voices of local health workers," *Social Science and Medicine*, Vol. 120, 2014.
36. **Sarah Meyer**, W. Courtland Robinson, Sotheara Chhim, Judith K. Bass. "Labor migration and mental health in Cambodia: a qualitative study," *Journal of Nervous and Mental Disease*, 202(3), 2014.

37. **Sarah Meyer**, Laura K. Murray, Eve Puffer, Jillian Larsen, Paul Bolton. "The nature and impact of chronic stressors on refugee children in Ban Mai Nai Soi camp, Thailand," *Global Public Health*, 8(7), 2013.
38. **Sarah Meyer**, Hannah Tappis, William Weiss, Paul Spiegel, Alexander Vu. "Refugee health service utilization: more needs to be done," *American Journal of Disaster Medicine*, 6(4), 2011.
39. William Weiss, Alexander Vu, Hannah Tappis, **Sarah Meyer** et al., "Utilization of outpatient services in refugee settlement health facilities: a comparison by age, gender and refugee versus host national status," *Conflict and Health*, 5(19), 2011.
40. **Sarah Meyer**, "Displacement Risks in Africa: Book Review," *African Studies Quarterly*, 9(3), 2007.

#### **Manuscripts under review or revision:**

1. **Sarah Meyer**, Ilana Seff, Alli Gillespie, Najat Qushua, Lindsay Stark. "Suicide ideation amongst adolescent refugees: a qualitative examination in three U.S. cities," revise and resubmit, *Society and Mental Health*.
2. Silvia Carreno-Bhatt, Manuela Orjuela Grimm....**Sarah Meyer**. "Intimate partner violence and child nutrition outcomes in low and middle-income contexts," revise and resubmit, *PLoS One*.
3. **Sarah Meyer**, Luissa Vahedi....Manuela Orjuela-Grimm. "Gender-based violence and child nutrition outcomes: existing evidence, conceptual framing and directions for a research agenda," under review, *BMJ Nutrition Prevention and Health*.
4. **Sarah Meyer**, Selina Hardt..... Heidi Stöckl. "Economic theoretical explanations of predictors of intimate partner violence against women: a systematic review and narrative analysis," under review, *Aggression and Violent Behavior*.
5. **Sarah Meyer**, Roscoe Kasuja....Eva Smallegange. "Child and caregiver conceptions of play: a qualitative study of refugees in Uganda," under review, *Child and Youth Services Review*.
6. **Sarah Meyer**, Selina Hardt.....Heidi Stöckl, "A systematic review and narrative synthesis of sociological theories explaining intimate partner violence," under review, *Trauma, Violence and Abuse*.

#### **Manuscripts in preparation:**

1. **Sarah Meyer**, Neema Mosha, Heidi Stöckl. "Challenges in capturing IPV in survey research: insights from a longitudinal study in Mwanza, Tanzania."
2. **Sarah Meyer**, Alli Gillespie....Manuela Orjuela-Grimm. "Gender-based violence and women's nutrition outcomes: a systematic review."
3. **Sarah Meyer**, Selina Hardt.... Heidi Stöckl. "Stress and intimate partner violence: theoretical approaches and measurement."

**Reviewer:** PLoS One; BMC Public Health; BMC Women’s Health; Journal of Interpersonal Violence; Violence Against Women; Global Public Health; Lancet Psychiatry; Global Mental Health; Journal of Adolescent Research; International Migration; Journal of Affective Disorders; International Journal of Occupational and Environmental Health; Trauma, Violence and Abuse

**Selected Reports:**

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- “A rapid evidence review of gender-based violence and nutrition outcomes, *report prepared for UNICEF GBV in Emergencies Unit*, with Dr Manuela Orjuela Grimm, Luissa Vahedi and Silvia Carreno-Bhatt, 2021.
- “Measuring Impact through a Child Protection Index: Endline Report on Kiziba Camp, Rwanda,” *report prepared for UNHCR Child Protection Unit*, with Dr Lindsay Stark, Dr Sabrina Herмосilla and Liberata Muhorakeye, 2017.
- “Measuring Impact through a Child Protection Index: Uganda Endline Report,” *report prepared for UNHCR Child Protection Unit*, with Dr Lindsay Stark and Dr Sabrina Herмосilla, 2017.
- “Mental Health and Psychosocial Support for Children in Humanitarian Settings: A Review of Evidence and Practice,” *report prepared for UNICEF Child Protection in Emergencies*, co-authored with Zeinab Hijazi, 2015.
- “Review of the Implementation of the IASC Guidelines on Mental Health and Psychosocial Support in Emergency Settings,” *report prepared for Inter-Agency Reference Group on Mental Health and Psychosocial Support*, 2014.
- “UNHCR’s Mental health and Psychosocial Services for Persons of Concern,” *report prepared for UNHCR Policy Development and Evaluation Service*, June 2013.

**SELECTED AWARDS AND HONORS**

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| <b>2010</b> | <b>Global Health Field Research Award</b><br>Johns Hopkins Bloomberg School of Public Health                                       |
| <b>2009</b> | <b>Sommer Scholar</b><br>Johns Hopkins Bloomberg School of Public Health – 5 year tuition and stipend                              |
| <b>2009</b> | <b>General Sir John Monash Award</b><br>3 years of funded study at any institution outside of Australia from Australian foundation |

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